

ART CENTER

Artistic activities, including all types of coloring, drawing, painting, cutting, and 3-dimensional art, open the door for children to experiment and express their creativity. It is a highly affirming form of play, since there is no right or wrong way to express yourself artistically. It contributes to children learning to care for themselves.



ART CENTER



Art allows children to move at their own pace. Given sufficient time, young children can explore the creative aspects and relax in the experience. Rushing children limits enjoyment and reduces the emotional aspect of working through feelings and releasing stress.



ART CENTER

Art helps express emotions. Children often have difficulty understanding emotions and need help with language to describe their feelings. You can ask children about their art and add language to help them describe their feelings. Before they understand and respect the feelings of others, they must be able to identify their own emotions.



ART CENTER

Completing an art activity gives children the satisfaction of finishing a job and doing quality work. But that is not all they learn! Art is a useful tool in teaching children to be caring for self and others. Giving art to others becomes a way of expressing their emotions in a positive way and affirming loving relationships. Older children especially enjoy making gifts for important people in their lives. This is caring through words and actions.



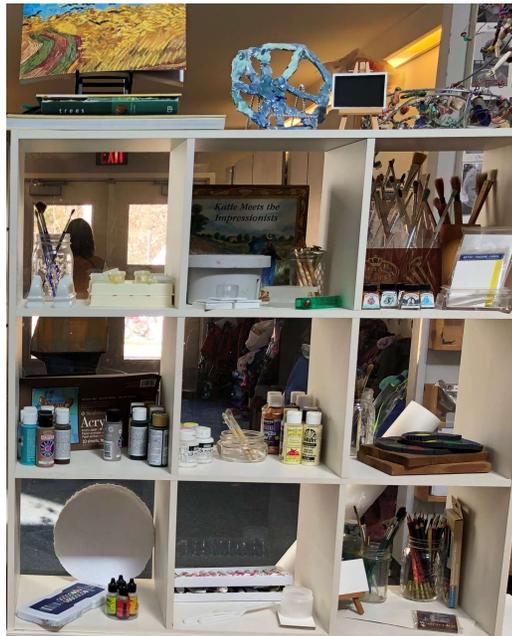
ART CENTER

Art activities include opportunities for sharing materials with classmates. Sharing demonstrates awareness of other's feelings and teaches ways of recognizing their needs.



ART CENTER

Caring for the environment includes learning how to care for the materials used in art activities. Learning to use tools appropriately, accessing them, and returning them to storage after use are important lessons.



ART CENTER

What types of art activities can you include in a baby or toddler's day that help them feel relaxed and connected to others?

Suggestion:

